

The Adult Autism Spectrum Quotient (AQ)

Ages 16+: Scoring Key

For full details, please see:

S. Baron-Cohen, S. Wheelwright, R. Skinner, J. Martin and E. Clubley, (2001)

[The Autism Spectrum Quotient \(AQ\) : Evidence from Asperger Syndrome/High Functioning Autism, Males and Females, Scientists and Mathematicians](#)

Journal of Autism and Developmental Disorders 31:5-17

Responses that score 1 point are marked. Other responses score 0. For total score, sum all items.

		definitely agree	slightly agree	slightly disagree	definitely disagree
1.	I prefer to do things with others rather than on my own.			1	1
2.	I prefer to do things the same way over and over again.	1	1		
3.	If I try to imagine something, I find it very easy to create a picture in my mind.			1	1
4.	I frequently get so strongly absorbed in one thing that I lose sight of other things.	1	1		
5.	I often notice small sounds when others do not.	1	1		
6.	I usually notice car number plates or similar strings of information.	1	1		
7.	Other people frequently tell me that what I've said is impolite, even though I think it is polite.	1	1		
8.	When I'm reading a story, I can easily imagine what the characters might look like.			1	1
9.	I am fascinated by dates.	1	1		
10.	In a social group, I can easily keep track of several different people's conversations.			1	1
11.	I find social situations easy.			1	1
12.	I tend to notice details that others do not.	1	1		

		definitely agree	slightly agree	slightly disagree	definitely disagree
13.	I would rather go to a library than a party.	1	1		
14.	I find making up stories easy.			1	1
15.	I find myself drawn more strongly to people than to things.			1	1
16.	I tend to have very strong interests which I get upset about if I can't pursue.	1	1		
17.	I enjoy social chit-chat.			1	1
18.	When I talk, it isn't always easy for others to get a word in edgeways.	1	1		
19.	I am fascinated by numbers.	1	1		
20.	When I'm reading a story, I find it difficult to work out the characters' intentions.	1	1		
21.	I don't particularly enjoy reading fiction.	1	1		
22.	I find it hard to make new friends.	1	1		
23.	I notice patterns in things all the time.	1	1		
24.	I would rather go to the theatre than a museum.			1	1
25.	It does not upset me if my daily routine is disturbed.			1	1
26.	I frequently find that I don't know how to keep a conversation going.	1	1		
27.	I find it easy to "read between the lines" when someone is talking to me.			1	1
28.	I usually concentrate more on the whole picture, rather than the small details.			1	1
29.	I am not very good at remembering phone numbers.			1	1
30.	I don't usually notice small changes in a situation, or a person's appearance.			1	1
31.	I know how to tell if someone listening to me is getting bored.			1	1
32.	I find it easy to do more than one thing at once.			1	1

		definitely agree	slightly agree	slightly disagree	definitely disagree
33.	When I talk on the phone, I'm not sure when it's my turn to speak.	1	1		
34.	I enjoy doing things spontaneously.			1	1
35.	I am often the last to understand the point of a joke.	1	1		
36.	I find it easy to work out what someone is thinking or feeling just by looking at their face.			1	1
37.	If there is an interruption, I can switch back to what I was doing very quickly.			1	1
38.	I am good at social chit-chat.			1	1
39.	People often tell me that I keep going on and on about the same thing.	1	1		
40.	When I was young, I used to enjoy playing games involving pretending with other children.			1	1
41.	I like to collect information about categories of things (e.g. types of car, types of bird, types of train, types of plant, etc.).	1	1		
42.	I find it difficult to imagine what it would be like to be someone else.	1	1		
43.	I like to plan any activities I participate in carefully.	1	1		
44.	I enjoy social occasions.			1	1
45.	I find it difficult to work out people's intentions.	1	1		
46.	New situations make me anxious.	1	1		
47.	I enjoy meeting new people.			1	1
48.	I am a good diplomat.			1	1
49.	I am not very good at remembering people's date of birth.			1	1
50.	I find it very easy to play games with children that involve pretending.			1	1